

THE MYSTICAL I

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Good Morning,

I'm Janice Coyle and really happy to be here today to talk about my favorite subject – US! You and me! Today we will be considering the truth about ourselves – the truth of what we really *are* - a really important thing.

This was brought to my attention some years ago when I was at a spiritual retreat. The teacher was up front in an auditorium taking questions.

And this went on for a while as people came up with their problems their questions, wanting clarification about spiritual concepts and so forth. Then a young girl about 12 years old, came up to the microphone and said she had no question. She simply wanted to say one thing. The teacher said “sure”. She very deliberately said:

“The only thing wrong with the world, the ONLY thing, is that people have forgotten what they really ARE!”

Many mystics throughout time would agree with her. So what are We? And why is not remembering it the *only* problem in the world?

Today this message is inspired by Joel Goldsmith's book, *The Mystical I*. In case you don't know of him. Goldsmith was a remarkable healer, teacher and author of over 50 books. He died in 1964 after a lifetime of healing thousands of people around the world by the action of his consciousness. Remarkably the healings included not just physical disease, but relationship issues, financial issues, mental illness, addictions and other imbalances. How? -by achieving within himself the knowing of what God, the only power *is* and what *we are* in truth!

Joel Goldsmith had a very simple but profound message. God is the only Truth, the only Reality, the one and only Presence, the only Power. All discord within each individual or in the world at large, is caused by the belief in a separate existence outside God.

Goldsmith's many books address the questions of What is God, Source, and what are we?

What is God?

The Vedantic literature describes Brahman, their name for God as: The ultimate permanent essence of everything – the all reality from which everything is manifested from itself. Mystics and teachers have described this essence as omnipotent (all-power) omniscient (all-knowing) and omnipresent (present in everything). This all-presence is also called The One Consciousness. The ancient word, Krishna, was another name which later meant “The all Good.” The Greek word, Christos, later the Latin word Christ, also meant the all good. All these are words and attributes of the One which nearly every spiritual tradition has agreed on.

Summarized: God IS, God is ALL in ALL, God is the great I AM, the one I AM. God is Source.

Many religions, probably all agree on this description of God.

What are we?

Well, what we are is in much more dispute!

In his book, *The Mystical “I”*, Goldsmith delves deeply in his attempt to describe what we really *are*. Many writers and poets have tried. There are many names for our eternal essence.

Unity and other faiths say “The Christ Within,” or the spirit, the soul

The classic book, *A Course in Miracles* speaks of “The Sonship.”

Joel Goldsmith has named this The Mystical I. The “I” in this is the same “I” as in Psalm 46: Be Still and Know that “I” am God – explained often as: Be Still and Know that “I” in the midst of you, am God.

One of the names for what we are is the ancient Vedantic term, Atman, defined in Vedanta teachings as the eternal soul of each of us.

And they had another term, Brahman, defined as the Universal Principle, the Ultimate reality, or God. They have a famous statement “*Atman is Brahman*,” or, the eternal soul of each person (Atman) is Brahman (God).

And so Jesus knew and said: “*I and the father (or God) are one* – one and the same.

But, our efforts to describe God or what we are, are all just words - Atman, The Christ within, Soul, Spirit, etc. What do these really mean? The fact is, what we are is beyond words and thoughts, beyond even the imagination’s ability to grasp. Goldsmith wrote a whole book titled: *Beyond Words & Thoughts*.

Many mystics throughout time have experienced the Truth of being. The eternal spirit we call ourselves. More attempts to explain in words what we are, include:

I am a Spiritual being having a human experience.

I am an eternal being having a temporary experience as John, Joan, Jill, etc.
 I am eternity itself having an experience of time.
 I am infinite possibility and power itself, having an experience of limitation and lack.
 I am the eternal dreamer, having this little dream for fun!
 I am everyone and everything
 I am the eternal witness to all experience.

A spiritual writer, Charles H. Orr wrote a poem about being an eternal witness:

*Lord of a thousand worlds am I
 And I reign since time began;
 And night and day in cyclic sway
 Shall pass as their deeds I scan
 Yet time shall cease, ere I find release,
 For I am the Soul of Man*

Lord of a thousand worlds? I am the soul of <an? Spiritual being? Eternity itself? What do these things actually mean? These are words. They sound nice! But how do we really know? And, more importantly, how do we know we know?

Time for a Zen story:

This story is about two men. One was a scientist, a botanist who specialized in trees, particularly one species, the ash tree. He spent years studying the ash tree - it's life cycle, diseases, rhythms. He knew about its sap, circulatory system, nourishment. He was not satisfied. He continued to study. He set up a lab, did thousands of tests. He wrote hundreds of papers, wrote books, became the world's foremost authority on the ash tree. His papers and studies stacked up and up. He died, still unsatisfied, still feeling he did not know everything about the ash tree.

The other man was a simple uneducated farmer. He loved his fields and worked hard to bring his crops to healthy harvest. One day he was working in the fields on a hot day and decided to take a break. He went over to an ash tree and sat down. He leaned back against the tree to enjoy the shade it offered and closed his eyes. Then he had an incredible experience. Just for a few moments he experienced BEING the tree. He came back to his consciousness of being a farmer. He got up and continued his work.

Which man knew, really knew, the tree? Which man was satisfied? And was this experience something that could have satisfied the scientist forever?

And another thing, if the scientist had had an experience of actually BEING the tree, could he have described that experience even with all his writing skills?

It would be like trying to describe the color red to a blind person, or the taste of watermelon to someone who had only ever eaten meat and potatoes! Not really possible.

But this isn't anything new.

We take for granted every day hundreds of our experiences in consciousness that are beyond words and thoughts, beyond mind.

The experience in seeing the color red, for example. Try to describe the color red to yourself right now. Mind is blank, right?

How would you describe the experience of wind on our face? What about the feeling of being in love? Now many have tried to explain that one with words? But we keep on trying and trying. Because, we want others to have the experience too. But to really know requires experiencing it for yourself. And once we have experienced it, we usually don't care that we can't use words for taste of a watermelon. We just enjoy it.

The simple truth is that our consciousness transcends our minds, transcends thought, transcends words and mental concepts. This can become totally obvious to you by just being aware of what you are conscious of every hour of every day... how many of these experiences in consciousness can you even begin to explain or put words to? My guess is very few!

So the experience of *being* the Christ Within, The Mystical I, the Eternal Something is even more beyond the grasp of the intellect, beyond words or mind's ability grasp. But like the scientist we go on and on and try anyway.

How many of us consider ourselves to be spiritual seekers? How many of us are spiritual finders?

Many of us have read dozens, maybe hundreds of books in our search for the truth! How many of us are doing that right now? Am I the only one! But, are we any closer to knowing, really knowing the living truth? Have we experienced *being* what we eternally *are*?

So do we really know? And how would we know that we know?

Joel Goldsmith would say: Have we found inner peace – even amidst the seeming chaos? Do we look at another as ourselves? Are we calm and even joyful regardless of the difficulties in living here? Is there an inner joy that can't be put out? Can we truly feel the same as the writer of Psalm 23: *Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou (God) art with me?* Do we live in sureness of that?

As the apostle John wrote: *Know the truth and the truth shall set you free.*

To know the truth, to really know what we are, is to experience it. *become* it in consciousness. And such experience is beyond thought, beyond words. In fact, words and thoughts can be obstacles. We search and search, going from one book to another one teacher to another and like the scientist, we want more and more. We are still searching unsatisfied. We become burdened with mental concepts, definitions, descriptions, the experiences of others. This can set up expectations, preferences, comparison and all kinds of interfering mind stuff. We begin to beg for help, beg for change in appearances of things in ourselves and others. We put on spiritual pride due to all our reading – a real obstacle!

I know because I have experienced all of this.

In his mega bestseller, *The Power of Now*, Eckhart Tolle speaks about the difficulty of words and the perils of mind.

“Neither God or Being or any other word can define or explain the ineffable reality behind the word, so the only important question is whether any word is a help or a hindrance in enabling you to experience that toward which any words merely point”

And in another part of the book, a person asks him: *What is the greatest obstacle to experiencing this reality?*

His answer:

“Identification with your mind. It creates an opaque screen of concepts, labels, images words, and definitions that block all true relationship. It comes between you and yourself, between you and your fellow man and woman, between you and nature, between you and god. It is this screen of thought that creates the illusion of separation, the illusion that there is a you and a totally separate “other.” You then forget the essential fact that, underneath the level of physical appearances and separate forms, you are one with all that is”.

He says over and over in this book that the mind, the attempts to understand with the mind, are great obstacles to knowing the truth – experiencing the truth.

But we keep trying to figure things out with the mind! Over and over – getting nowhere.

I was at a gathering one evening with the Spiritual teacher, Adyashanti. Any of you head of him? Maybe 200 people were there all asking Adya questions, speaking of their mystical experiences.

Then a young woman who seemed very nervous came up to the microphone. She spoke to Adya and said this was her first time at such a meeting and she felt overwhelmed. She did not know much about all this. She said she had no spiritual experiences like the others and didn't know what to think, what to believe. I don't know, I just don't know. She asked Adya, tell me what I should know?

Adya just looked at her for long time, so long, we all thought we were going into meditation. Finally, he spoke. *"I could look at you right here for days. Just look at you. What a beautiful state, this state of 'I don't know'.*

He then looked out at the audience and said: *"She is ready, the rest of us think we know with all our finely tuned concepts, which with effort we are going to have to drop before we can begin to be ready, but she can go into the silence free of pre-conceived notions, free of expectations, empty, ready to be filled"* He looked back at her for another long time then finally simply said, *go within and ask what you should know and stay just as you are right now, you are so beautiful... then he bowed to her for a long time in Namaste.* And as she walked away, he closed his eyes and we all went into meditation – It was a real teaching moment.

She was like the humble farmer, and the rest of us more like the forever searching scientist.

To know what we are, we must have an actual experience of our real eternal selves. We must let go our definitions, descriptions, expectations and go within empty of all this. We must relax into ourselves, like children and let go of all concepts and expectations.

This is not easy for those of us with active minds. But we can set our sincere intent to do just that. The surrender of all concepts is well worth the effort as such an experience would make all the difference – All.

Because:

What we are – the ultimate permanent reality of each of us is: we are emanations of the One, of God, possessing all that the One *is* and *has*. Goldsmith says it in another way: He says: *God exists in us, as us. Therefore, we share all the qualities of God - We share omnipresence, omniscience and omnipotence. We are as God is:*

So:

We are love itself

We are prosperity itself

We are wholeness itself'

We are perfection itself

We are omniscience, omnipotence, & omnipresence itself etc.

Let's take just one quality of God – omnipresence – present in everything.

Many who have experienced *being* what we are, speak of a sense of being one with everything or to put it in other words: actually *being* everything that is. In fact, this seems to be the most common thing experienced in these awakenings

Here are just a few examples:

Gautama, the Buddha, born around 550 B.C. wrote this after his awakening:

“And he who beholds all being in the self and the self in all beings, he never turns away from it. When to a man who understands. the self has become all things. Then what sorrow, what trouble can there be in him who even once beheld that unity”

Adyashanti, again.

In his book, *My Secret is Silence*, a book of his poetry, he writes:

*“All of existence is none other than myself
And yet I transcend all of existence
And all of myself.”*

And in another poem:

*“Realizing that what I am
Cannot be gained nor lost,
I naturally stop seeking for what I already Am.
Realizing that all forms are expressions of myself,
A great and silent love perfumes each moment
I am here and now everything
And I am nothingness too”*

And one of the clearest statements of this I’ve ever read is by Anita Moorjani. In her book, *Dying To Be Me*, about her near death experience:

“As I continued to plunge deeper into the other realm, expanding outward, becoming everyone and everything, I felt all my emotional attachments slowly fall away. What I can only describe as superb and glorious unconditional love surrounded me. I had a beautiful experience of freedom. I didn’t feel as though I’d physically gone somewhere else – it was more as though I’d awakened. My soul was finally realizing its true magnificence. I was overwhelmed by the realization that God isn’t a being, but a state of being and I WAS now that state of being.

*In my experience, I became the Source and there was total clarity. There was no source outside of my own expanded awareness. It felt as though I encompassed totality. Belief and faith gave way to **knowing**. It seemed that I became everything and it all existed within me.”*

OMNIPRESENCE - BEING OMNIPRESENCE – An experience beyond words maybe and beyond mind’s ability to understand; but, it is *not* beyond our consciousness - not beyond my consciousness, not beyond yours.

Your consciousness, right here where you sit, right now, is totally capable of experiencing omnipresence, oneness with Source,

And it doesn’t matter what you have done before, what you think you are now or before. In this precious moment of now, your consciousness can awaken to the truth.

This has happened to many people, who before their awakening, had no spiritual interests: people whose consciousness suddenly awakened include: a depression-prone atheist college professor (Eckhart Tolle), a despairing prison inmate (John Sherman), a woman just waking up from a drunken stupor (Byron Katie). I’m talking about some famous spiritual teachers here. What happened?

It seems that by some grace, their minds for a moment, were thinking of nothing much, there was a kind of surrender to the moment, and the Truth rushed in.

Jesus said: Yea are gods! , Many say we are God in Expression.

I mean, if we are this, what gives here?

We are told, God is the great Source of All – all knowing all powerful, all present. God is Love, the great Krishna, the All-Good, The Perfection itself.

And we, it is said, are made in the image and likeness of the great Source. We share all it has and is. As Jesus said, I and the Father are one.

And in Genesis it is said: And God saw everything that he had made, and, behold, *it is good*.

So if everything is perfect and Good, and all is God – all loving, all knowing, all power and there is nothing else, then why are we experiencing a world in chaos, disease, wars, hate, separation? If God, as Joel Goldsmith says, is the only Truth, the only Reality, the one and only Presence, then Why do we experience all this discord?

WHY?

Goldsmith taught that all discord with each individual or in the world at large is caused by the belief in a separate existence outside God. He called this a universal mesmerism, a world-wide hypnosis, a kiind of a matrix of thought forms. He called it a belief in two powers, good and evil, God and the Devil, the dark force and the light force. We pray to God to overcome some other force or condition. But God is the only reality, there is no other force or condition other than

God being God. So to ask for God to do something to something else is useless. *“God is already being God.”*

Goldsmith taught that this illusion of the world and ourselves is formed because this mass universal belief is out-pictured by the *appearances* of discord, which are the illusions we live in. If the mass hypnosis has us believe we are seeing something, then we seem to see it. Goldsmith called this *a universal mesmerism based in nothingness, based on a belief (nothingness) creating an illusion (more nothingness)*.

Joel Goldsmith studied and thought long and hard about why healings took place through the action of his consciousness and why diseases and inharmonies existed in the first place. He found that there was an inborn belief in disease, contagion, lack, limitation because there was a universal belief in two powers. The power of god and also the power of disease, death, lack, limitation and all other discord. He taught that these conditions were given appearance through our belief in them, that there really is only one power, and that is God. There is no power in disease, no law of disease in the Reality that is God. The appearances of these things are just that, appearances, due to beliefs. Both the beliefs and the consequent appearances, though made of nothingness, continue to appear until the light of truth comes into consciousness and they are seen to be nothing; and, the truth of being is then revealed as the only reality.

He believed that the “healings” were not changes or improvements in the appearances, but simply the Truth was out-pictured. It was as if a light was turned on, and the darkness and discord was simply shown to have never existed!

This mass hypnotism, Goldsmith taught, is impersonal, not our fault. We are victims of the world mind, but we can free ourselves by coming to know the Truth.

He taught that we should impersonalize the error of thought. It is not personal to you or to me or to anyone. It is a world hypnosis we are born into. Some are a little freer of it than others, but we are all innocent

The book, *A Course In Miracles*, states this in another way:

“What happened in the mind? A tiny mad idea of separation that was corrected the instant it occurred. Nothing happened. It had no effect except in the mind that thought it and then believed it. We are innocent of making a world of suffering.”

We are caught in a time/space dream that is over. Come and wake up!”

As Jesus said in the gospel of John, *“Know the truth and the truth shall set you free”*

Free from what? In the words of today we could say – free from the hypnosis, free of the matrix, free to know and be what we really are and experience the world as it really is – an emanation of God as God.

Goldsmith says that the body and the world are not illusions, they exist. It is our *concept* of them that creates the illusion, the false appearance of them.

How do we undo the illusion?

Goldsmith answered by teaching we bring forth the real world to the extent we bring into consciousness the Truth. *Our consciousness of the truth dissolves the illusion, and Truth is revealed.* This is how so many healings happened due to the action of Goldsmith's consciousness. It is the secret to healing, the secret to having the Truth be revealed.

So it's like everything else in manifestation – it starts with consciousness.

Remember the 12-year-old girl who said, *The only problem in the world is that people have forgotten who they really ARE! The ONLY problem.*

The young girl was right. We will continue to fight, to compete, to believe in lack and limitation, to try to force things into being, to harbor fear and greed that motivates killing, stealing and wars. Our experience in this dream will continue until we have experienced the *truth* of what we actually *are*. – the simple elegant Truth of our being. Knowing (experiencing) the truth will set us free, free from the dream and into the real. Knowing comes about by actually experiencing the truth. Experiencing the truth of our being changes everything in our lives and the life of all around us.

Until then we are trapped in an illusion of ourselves, an illusion of others, an illusion of the world. Until, until, we experience the truth of what we really ARE – until we experience *being* the mystical I, *being* the Christ within, *being* the oneness, like the humble farmer experienced *being* the tree.

In reading about so many people who have glimpsed what we *are*, I noticed that they all immediately long for everyone else to know the same thing! And when I thought about it, that seemed to make so much sense. If what they experience is being everything, being everyone, then of course they would want everyone to wake up. It would feel like a part of themselves was hurting. The awakened ones really see the unneeded suffering because they see the truth of everyone without exception. They see themselves in everyone and want everyone to know and be free. All separation, fear, lack, would end. I thought of this and sympathized.

One night I had a dream that in one shining moment, everyone on earth would have a sacred experience of what we are! All together, all of us in unison, would have this experience. If that happened, what could the world become? It would be seen for what it actually is - the sacred

emanation of the one perfect power, a world of bliss beyond our imagining. All could change in an instant!

As it turns out, this seems to be a universal longing – the longing to experience our true potential, the longing to experience our oneness with each other, the longing for the truth to be known by everyone. We want everyone to know that the Garden of Eden has never been lost. It is just beyond the veil we have placed over our eyes by our belief in two powers (good and evil) and our belief in separation. We want to be free ourselves and we want everyone to be free.

There are so many voices that have expressed this same vision, this same longing.

The vision they have comes from glimpses they have experienced of the Truth – the truth that The Garden of Eden IS, that Adam and Eve only imagined there were two powers – good and evil. That Eden is still the Truth and we are innocent beautiful, one with all. They long for this New Earth to *be*, for us to *be* what we are - Eden itself.

There have been so many voices - just a few of my favorites:

In 1863 in the midst of the Civil War, Walt Whitman wrote of this longing for people to know, and also expressed anguish about the difficulty in describing the inner truth:

*“There is that in me., I do not know what it is...but it is in me.
It is without name... it is a word unsaid,
It is not in any dictionary or utterance or symbol...
Something it swings on more than the earth I swing on
To it the **creation** is a **friend** whose embracing awakes me.
Perhaps I might tell more.... Outlines!!
I plead for my brothers and sisters.
Do you see O my brothers and sisters? Can you see?
It is not chaos or death
It is form and union and plan.
It is eternal life....
It is happiness!”*

And there is the dream, that we all awaken together:

In 1954, a young student at George Washington University here, got up one morning and began to automatically write words that came from where, he did not know. The piece was titled *Fiat Lux* – to make light. It was published in a student magazine under the pen name: Jacques Bon Homme. In the article he wrote:

*“We all bring light, light that banishes all darkness, and we bring it voluntarily, each of us”
“I carry the mandate now for illumination – with no exempt corner of consciousness”*

And my favorite:

in 1963, Dr. Martin Luther King, Jr. stood here in Washington on the steps of the Capital and delivered a speech that has resonated around the world and is considered to be one of the greatest speeches of all time. He said:

“I have a dream today! I have a dream that one day every valley shall be exalted and every hill and mountain shall be made low, and the rough places will be made plain, and the crooked places will be made straight; and the glory of the Lord shall be revealed and all flesh shall see it together.”

Did this man have an experience of truth? Did he see Eden? Did this brother of mine have the same dream I had of everyone awakening at the same time? (“all flesh shall see it together”)

In April 1968, in Memphis, the day before he was assassinated, Dr. King gave another speech and referring to the threats against him, he said:

“Well, I don’t know what will happen now; we’ve got some difficult days ahead. But it really doesn’t matter to me now, because I’ve been to the mountaintop. And I don’t mind. Like anybody, I would like to live a long life, longevity has its place. But I’m not concerned about that now. I just want to do God’s will. And He’s allowed me to go up to the mountain. And I’ve looked over. And I’ve seen the Promised Land. And I’m so happy tonight; I’m not worried about anything; I’m not fearing any man”.

And at the end of the speech, he uttered the last words he would say in public:

“Mine eyes have seen the glory of the coming of the Lord”.

There is a worldwide longing that is in us all – whether it is conscious or not, it is. The writings of poets and speakers who have glimpsed the *real* world become magical and are taken up by many worldwide. Why? Because they resonate. The *real* world they have glimpsed looks different than what most of us see now.

Two examples:

In 1971, John Lennon wrote a song that has resonated around the world:

*“Imagine no possessions
I wonder if you can
No need for greed and hunger
A brotherhood of man
Imagine all the people
Sharing all the world*

*You may say I'm a dreamer
But I'm not the only one
I hope someday you'll join us
And the world will live as one."*

And in 1985 an unknown young woman in her 20s was living in a small, dark, one room flat. And one night she sat down at her little piano and wrote a song in a few minutes. That song would eventually be recorded by two famous singers and receive awards; and later it would be translated into many languages and sung in churches and meetings all around the world. Her name was Julie Gold:

That night She wrote:

*"From a distance
You look like my friend
Even though we are at war
From a distance
I just cannot comprehend
What all this fighting's for*

*From a distance
There is harmony
And it echoes through the land
And it's the hope of hopes
It's the love of loves
It's the heart of every man*

*From a Distance
We are instruments
Marching in a common band
Playing songs of hope
Playing songs of peace
They are the songs of every man*

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We can become distant from this illusion, and when we do, things look different, the *real* appears.

In this time there seems to be an urgency in this yearning for mass awakening, the dream of it, may be coming, may actually be possible. There seems to be a quickening. Many people are waking up. There is talk of an "event" when everyone will wake up. These things are being talked about a lot out there. Imagined a lot... perhaps it is coming. There is a growing expectancy that a mass awakening is immanent.

Just one example:

On January 8 of this year, Ester Hicks, channeling Abraham, said:

“There is a current for wellbeing that is a stronger flow than it has ever been before which means it will be easier for people to find the flow of love. The drums of hatred and division will die down simply because the physical mind does not now have the capacity to hold yourself against the current that is natural to you. The pull this way is stronger for the first time than in all of the years we have been talking to you. The pull toward who you are is now stronger than your ability to hold it away. This is a turning point.

It is the hope of everyone deep within themselves to know and be free. We want to be ourselves, our true selves. But, it is up to us individually to become the light that helps others to awaken also.

Think of what the world could be if everyone woke up at the same time! If we all actually knew by experiencing our oneness with each other and with all that is

What could the world be? Imagine.

It is all up to us, individually. The awakening to what we really are, to the Mystical “I” within us, to the amazing fact that what we are in our essence is God in manifestation! This is the dream, the hope for the world, that the New Earth that actually already IS, can be seen and experienced, and we can come to really know that Eden is right here where we sit – right now – the Truth.

But again, It is up to us. The awakening to ourselves comes from within us, not from outside. Because it is ourselves we awaken to.

Joel Goldsmith begins his book, *The Mystical I*, by quoting from Revelations 3 verse 20,

“Behold, I stand at the door and knock, if any man hear my voice, and open the door, I will come in to him. And I will sup with him and he with me:”

Who is this “I” knocking? Your own true self, the Christ Within, The Mystical I of your being. Your true self.

And at what door? but the door of your consciousness. I stand at the door of your consciousness and knock, but you must open and admit *me*.

And how do we open our consciousness? By being still and listening.

And in what state should we be in when we open?

We have spoken of this, be like a child, or the humble farmer, or the shy young woman. But, my favorite description of this state is in the lyrics of a song by Kirtana, a singer songwriter who has experienced being what we all are – the Christ within. In this song she writes from the voice of the One within. It's called *Meet Me*.

Meet Me

*Meet me, where the river meets the sea
Naked now, innocent and free
Beloved, I have been waiting throughout time
To welcome you into these arms of mine*

*Come without a thought of what's been
or what's in store
Leave the world of mind, behind you
Like sandals by the shore*

*And trust me; trust the beingness you are
I breathed you here; I've carried you this far
And open to whatever is and see,
Whatever is, is always only me.*

*So meet me, where the river meets the see
Naked now, forever innocent and free.*

There is so much more that could be said about the Mystical I, the magnificence of what we are – but the time has run out.

But anyway, it would just be more words! And I would continue talking and meanwhile, right where you sit, right now, the knocker would continue to knock and wait for you to open your consciousness to your divine Self and experience *being* what you really are, and come to *know* the Truth and be free!

And so, I'll just say thank you for listening. Thank you for being who you really *are*, *The Mystical I* itself and all that it is, all that it has - the simple truth of your being - YOU, the Truth beyond all illusion of any separation, the truth of YOU - omniscient, omnipresent, omnipotent YOU. God in expression.

So thank you for being You... Thank you for being me! The Truth!

Thank you for being EVERYTHING!
Namaste.