

NEW EARTH VISIONING PROJECT

Week 2 - BRINGING VISION TO MANIFESTATION

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PRESENTATION:

Tonight we will talk about how to envision and some ways to make it effective and fun.

We are in just our second meeting and we have made progress toward our goal. We have come to a unified vision of New Earth! Great! Last time we spoke of how this is the perfect time to dream a new world into being, a desperate time for it actually.

We spoke of the quickening energies and how our planet and solar system is coming into a high energy, high vibrational part of the cosmos. This kind of time is very transformational as we are going from one normal average vibration to a new normal – a higher vibrating energy, a higher dimension as some people refer to it.

We are in transition and that is not easy. Things get shaken up so they can re-form in a new way. We talked about how chaos always precedes transformation, and necessarily so. We are in a chaotic time and it is very obvious. We spoke of the wisdom in accepting chaos and realizing it is a harbinger of change – transforming change.

And we spoke of how we are the ones who will decide how it all turns out. Now that we have a collective vision of New Earth, how are we going to manifest it? We create, the masters say, by our thoughts, by our consciousness, by our dreams. To quote a few illumined ones:

The Buddha said:

We are what we think. All that we are arises with our thoughts. With our thoughts, we make the world.

The ancient and modern Shamans, as quoted by the master shaman Alberto Villoldo, author of *Courageous Dreaming – How the Shamans Dream the World Into Being*, wrote,

Quote:

*“In one of their major teachings say: the nature of the cosmos is such that whatever vision you have about yourself and the world **will** become reality”*

So whatever vision we have will become reality. Here’s the crux, this vision does not

have to originate from us. It could be another's vision that we buy into or acquiesce to. Think of Hitler and so many other leaders. If we do not make our own dream and believe it, then our energy goes to that other dream through our simple tacit agreement. So here we are in the world that we are in.

It is time for us to realize what powerful creators we are, either through direct creative skill, or acquiescence to another's. Both are very effective, by the way. We can look back at Hitler for example and how many went along with his dream.

With the increasing energies happening now and the state of chaos we are in, it is very urgent that we step into our power as creators and focus on what we want and avoid giving energy and attention to what we don't want.

So now that we have agreed on our vision of New Earth, how do we go about manifesting it. I spoke about this at length in the video titled *Envisioning a New Earth* which you can find on the YouTube channel and on the website and Facebook.

But just to summarize, the formula for manifesting anything is actually a simple 3 steps.

1. We decide what we want and envision it as if it were here now- place a lot of attention on it. [L] [SEP]
2. We come into alignment with it through our emotions, joy, fun, inspiration. These emotions are the fuel for the manifestation into form. [L] [SEP]
3. We detach from the outcome and let destiny flow. [L] [SEP]

This is actually very simple.

The problem is our doubting minds, our conditioned minds that cling to habitual thought, set patterns, and expectations.

What we focus on is what we create. Are we focusing on what we don't want? Are we believing in its reality? How much attention are we giving to our problems? And even more importantly, how much fuel are we giving in the form of fear, discouragement and anger.

Joel Goldsmith, the incredible mystic and author of 50 books, was a phenomenal healer of many people – their health and life situations. As in all creation, he manifested another reality through the action of his consciousness, or attention. How did he do it?

He said “ *I do not concern myself with going into a dream and fixing it, I transcend the dream itself and go to the truth*”

[L] [SEP] The truth he felt and saw was the perfection of all creation and everything else being mere illusion. He was able to come into a powerful felt sense of this truth in a very expanded way, and people and circumstances were healed, more often than not –

instantly.

The Truth he felt and saw would be something like our vision of new earth and ourselves.

So, what is the most effective way to envision?

The best way, many the master teachers say, is to have the vision be clearly seen in technicolor incorporating the 5 senses and be felt in the present as if it is already here!

This gives you the felt sense experience of the vision. The felt sense, then, provides the necessary fuel for manifestation because of the emotions produced - be it joy, inspiration, excitement or fear, shame and anger.

This happens for example when we have a nighttime dream or a romantic or adventurous daydream. I have a lot of experience daydreaming. It was my preferred escape from a difficult childhood. But not everyone can easily see and feel a vision. Let's do an exercise that will help you learn to envision in a present felt sense way.

An exercise to help you.

Think of an incident that you have relived a few times because it was so fun, joyful, inspiring, exciting, empowering. It can be anything, a romantic encounter, a thrilling jump from a plane, an award ceremony, anything. See it now, be in it, feel the excitement. Now use your natural creativity and change something in this dream – something that makes it a bit more fun, joyful. Start with something small, a color, something said by you or another, a slight change in scenery. Make it a bit more expanded, more New Earth like – just a little. Become the artist and creator you already are. Let's sit with this for a moment.

Play with this each day.

I would suggest you play with this each day. Make new changes each time and have fun with it. In doing this you will significantly help keep your thoughts and emotions at a higher vibration during the day and keep you more attuned and aligned with joy. You will also be developing your envisioning skills, which will not only help you be effective in our group project here, but it can greatly and positively impact your life as well. Your envisioning skill can be used to see yourself healthy, confident or anything else you want and see the world the same.

The second step:

The second step is to come into alignment with what we want. To come into alignment means we are in a similar vibration to what we want. If we want radiant health, we are in the vibration of that – which is high.

If we want world peace, we become instruments of peace ourselves as we are envisioning a peaceful world.

The difficulty is that our minds drift back into its old ways and beliefs and patterns. We need to train the mind to a new normal. And that is why the teachers have said this is where the real work is. In future meetings we will discuss these at length: how to become what you want to be, how to change the influences of the past, how to heal traumas. There are some amazing teachers out there doing this work. We will get to that in future meetings.

The New Earth Envisioning Project is not just a discussion group; it is a Project - a learning and practice Project with the goal of dreaming a new earth into being and becoming New Earth people.

So we are into developing skills, learning to dream well, learning to envision and manifest. There are so many ways to do this and we will get to them.

But tonight, I'm going to explain something I've seen work very well in training and learning. It is something I've been interested in for many years because I was once into education as a school teacher.

TOTAL IMMERSION – A QUICK WAY OF LEARNING

The concept is called total immersion – meaning that one totally immerses oneself in something new without attention on anything else.

The Steiner Waldorf Schools and some of the Montessori schools implement this technique by teaching one subject for a duration of time. Perhaps a whole day or a whole week of just math, or just science, or just music. They think and do nothing else. The teachers make it fun and play games and have fun projects implementing the math, music or whatever they are learning. The children learn so much more quickly this way.

I've experienced this myself. Before I left California to move here I went to UCLA to a course that certified me as an ESL teacher – English as a Foreign language. They taught us to teach English in a total immersion way – and wow was it different from my French language courses in high school and college.

There was no translation, a student who did not know one word of English was taught English using no word in their native language at all – they were not allowed to say even one word in their language - only English. We taught by using signs, facial expression and gestures and especially fun child-like games. In fact, over 50% of the time had to be fun games – this with all ages including adult students.

This is the method that was established worldwide after a massive research effort to find ways to teach English to the world and have it be the language for worldwide communication. Corporations, governments, foundations, all contributed lots of funds for this research.

They researchers did many studies. They came up with this immersion method. It has two components.

1. Immersion
2. Fun and games.

So why immersion?

When a student comes into an ESL class they are immersed in the language being studied for hours and hours hearing only that language. In immersion, the mind let's go of conditioned patterns and opens up to take in the new experiences and deal with it and go with the flow. The mind has no other alternative.

Why the fun and games?

This is the most interesting part! The researchers found that the quickest learning comes when there is joy and fun. These emotions are high vibrational and these vibrations expand the mind. As we discussed last time, the high vibrations quicken everything and expand consciousness. Also with fun and games, the mind acts spontaneously without thinking. So in the English class, during the games, the student automatically speaks the correct English word or phrase in the moment and usually in a good accent!. It works amazingly. Coincidentally it is exactly how a baby learns to speak.

We were taught to teach English this way and we practiced on each other – all English speakers. But to give us the experience of the students we would teach, our instructor brought in a Chinese teacher who spent several hours with us using this method. We quickly began automatically saying Chinese words and phrases when we started our fun childlike games. We said these words without thinking.

I later traveled to Barcelona Spain to visit my stepdaughter and one of her friends is an ESL teacher in a college there. She teaches advanced business English. I asked her if she used the Immersion/fun method with childlike games to business people! YES! she said and also said she could not believe she was actually being paid to have so much fun.

So, you might think, yes ok for a Language class but we are developing ourselves spiritually, healing things like trauma. There is an urgency to do something. You are talking about silly child games. This is serious business, lady, the world is falling apart, I am falling apart.

Ah... a reminder. You are falling apart to reassemble into something even more amazing! But OK.- this is spirituality – so I have another story.

Another experience I had with total immersion is when I went to the Monroe Institute and a three-day course led by medium Suzanne Gassmann who would teach us the techniques of channeling people on the other side to benefit the people they left. I had just lost my sister, Mary, and was interested in this. We were for sure in total immersion,

we got up early each morning and meditated with headphones and hem sync sounds which are designed to align the two brain hemispheres. We meditated 4 times each day with these soundd and Suzanne's guiding voice.

We were at it all day beginning early in the morning and ending late at night, with short breaks for meals. There was no time to talk to anyone about anything else and we didn't want to because the class was so exciting, fun, and magical. There were over twenty people there and it's hard even now to believe, but every one of us was successful in connecting to a departed one and we really did it and passed Suzanne's very strict verification rules. We had to come up with evidence, a name, personal information that only that departed person had. And guess what, WE all did it, even that young husband who was there only to please his wife and had, at first, no interest – at the end he was one of the best ones.

So, total focus on one thing with exclusion of everything else (no time for it) and fuel of fun and excitement and voila! we were mediums – in 3 days! And what we all came away with was a surety that *anyone* can do this.... This is our nature, one of our innate skills. We are multidimensional people –no question! We totally have the capacity to experience other dimensions. Our consciousness is profound. We just had to have an environment that allowed nothing else, being distracted from our limited conditioning by constant activity, fun and excitement.

This method works my friends.

So Back now to our Envisioning Project, I want us to learn and become in record time too. This will be a kind of immersion project. We will focus solely on our new earth vision and our skills in manifesting and becoming new earth people.

And we will do it by having as much joy and excitement that we can have. This keeps our vibrations and mood high and ourselves expanded.

We want not only to come into alignment with our beautiful New Earth vision but to bring along many others with us just by our high radiance.

For two hours two times each month we will soak in the positive vision of new Earth and ourselves as healed and whole and loving and confident new earth people.

This is why we will not be discussing current events of a negative nature, this brings down the vibration and we want to bask in higher vibrations and let it work for us. For these few hours we will immerse ourselves in the vision and what we really want. We will practice this kind of immersion each day. An immersion in a dream and letting go of everything not in alignment with it for a few minutes each day.

This will impact your life for sure if you practice and make time each day to immerse yourself in playful and joyful dreaming and creativity.

It can have an immense healing effect for you also.

One of my friends at Unity had cancer the same time I did. Her cancer was very advanced and she was given a couple months to live. Her close friends and relatives living in California invited her there intending to celebrate her life and see her for the last time. She was wined and dined and had a blast of fun for two or three weeks. During that time she was so immersed in fun and love, she forgot her cancer. When she returned and went to the doctor her cancer was gone.

No attention, no fear fuel, no manifestation.

Here again, immersion in fun and joy, love and friendship – no time for anything else – just those beautiful high vibrations and the old was gone!

Just like Joel Goldsmith's healing techniques! Release the attention and belief in the "claim" as he called it, go to another higher reality and the "claim" is miraculously gone!

On our fourth meeting we will talk about the incredible healing and expansiveness of living in higher vibration.

But right now I want these stories I told you tonight to demonstrate the power of immersing yourself and your focus on a positive vision. My friend was in a joy filled total immersion atmosphere and it manifested an incredible healing that was in alignment with the emotions of joy and fun.

We can do this too. We can in these hours together, place our total focus on our mission and make it fun and be like children again.

POINTS OF LIGHT

We will be looking out at the world to find what we call the Points of Light – those people and organizations that are helping bring in a new world and a new us. This includes what Bob mentioned last time – the Thrive documentaries that introduce many points of light.

The world we must cope with will be put aside for a while. Like the ESL students, we will leave our language, our current normal, and in joy and fun we will become in tune with a new normal - something else that will delight us and seem like magic in the end.

We have put much thought into this project and we hope it will be progressive for you. We have already accomplished a first step: We have a foundational new earth vision.

Next time we meet, we will talk about us as New Earth people and come into similar vision.

Then the following meeting will be all about the benefits of high vibrational living and feeling, how to get there, and what that means for the rest of the world

Then we will go forward with healing presentations by people who know and have experienced healings for themselves and others. I can't wait for these. They will be

WOW moments.

We were born for this incredible time. We can do it just like all the people at the Suzanne Geisemann retreat did it.

So let's keep going forward together and make some waves to benefit ourselves and the waiting world. Thank you for listening.

WRITING PROMPT:

OK Lets write again like we did last time. Get your paper and a pen and let's prepare by going into silence for a moment. Let's take a few deep slow breaths together, and open to the light within us for a few moments.

Write this: I am walking in new earth now and I see that.....

SOULWORK:

1. For the soul work, you will read what you wrote just now and think about how you felt when you were there in new earth! Alternately you relive an incident again and create something new in it. [SEP]
2. Whenever you get upset about what is happening in your life or in the world. Let that be a reminder to create something else. If you are angry at a person, imagine another [SEP] version of him or her. If you don't like something in the world, let it be a reminder to replace it with whatever is it's opposite. Pretend you are the creator of all reality. And let these negative situations prompt you to imagine something else.

RESOURCES:

Courageous Dreaming – How Shamans Dream the World into Being, by Alberto Villoldo, Ph.D., 2009 Hay House Publishers

The Art of Spiritual Healing, by Joel S. Goldsmith, 1976, Acropolis Books, Inc.